Sample post-doc mentoring plan/template.

To use this template, click on the fields below and begin typing. When you begin typing, the original, gray highlighted text will automatically delete. Also feel free to view simply as an example.

**Professional development will be enhanced through a program of structured mentoring activities.** The goal of the mentoring program will be to provide the skills, knowledge and experience to prepare the postdoc to excel in his/her career path. To accomplish this goal, the mentoring plan will follow the guidance of the National Academies of Science and Engineering on how to enhance the postdoctoral experience, by providing a structured mentoring plan, career planning assistance, and opportunities to learn a number of career skills, such as writing grant proposals, teaching students, writing articles for publication and communication skills.

Specific elements of the mentoring plan will include:

* Seminars, workshops and individual consultations on how to identify research funding opportunities and write competitive proposals. The ***Name of program – does your program have a grants specialist?*** has employed a grants specialist who runs regular workshops on fellowship, R03, and K award applications. This specialist also provides support of individual applications.
* Participation in seminars and workshops on teaching and learning, as well as access to a teaching mentoring program conducted by the University of Maryland’s Center for Teaching Excellence.
* Participation in a weekly journal club in which participants discuss and critique recent journal articles in the field and discuss how to write and submit journal articles.
* Travel to at least two conferences each year (e.g. ***list examples***); the postdoc will present at the conference and have the opportunity to network with other scientists in the field.
* Participation in the PI’s weekly lab meetings, in which members present their research, and feedback and coaching are given to help all members to develop communication and presentation skills.

Success of this mentoring plan will be assessed by tracking the progress of the postdoc through her/his Individual Development Plan and tracking of the individual’s progress toward his/her career goals.